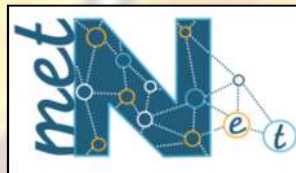


Adipose tissue metabolism in obesity

MetNet annual meeting



Scientific Organizers:

Pablo García-Rovés

Laura Herrero

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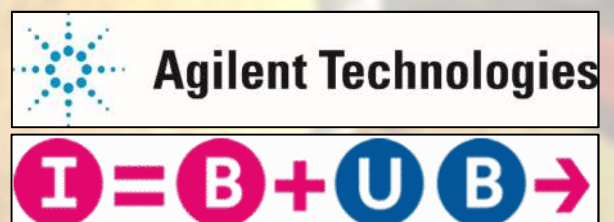
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Institut de Biomedicina de la UB (IBUB)

May 27th, 2016

Institut d'Estudis Catalans

Barcelona



Adipose tissue metabolism in obesity

May 27th, 2016

Sala Prat de la Riba, Institut d'Estudis Catalans

C/ del Carme, 47, Barcelona

Obesity is a worldwide problem and is associated with important diseases such as type 2 diabetes, cardiovascular disease and some cancers. Adipose tissue has become a key player in the relationship between obesity and its metabolic disorders.

This meeting focuses on recent advances in adipose tissue metabolism and its pathogenesis and aims to foster translational collaborations between basic and clinic research in addition to systems biology.

We thank all the participants, sponsors, speakers and the SCB's assistants for their important contribution to a successful meeting.

Scientific Organizers:

Pablo García-Rovés

Laura Herrero

SPONSORED BY:



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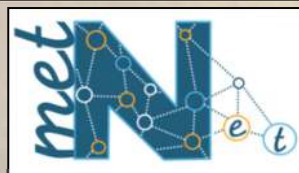


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Institut de Biomedicina de la Universitat de Barcelona

Thank you!!!



MetNet annual meeting

Adipose tissue metabolism in obesity

PROGRAM

Barcelona, May 27th 2016

9.00 - 9.10 WELCOME

Pablo M García-Roves, Facultat de Medicina, UB-IDIBELL
Laura Herrero, Facultat de Farmàcia, CIBEROBN, IBUB

SESSION 1 ADIPOSE TISSUE BIOLOGY

Chair: **Laura Herrero**, Facultat de Farmàcia, CIBEROBN, IBUB

9.10 - 9.30 **Marta Giral**, Facultat de Biologia, CIBEROBN, IBUB

"Adipose tissue biology: new insights from the study of adipose-related diseases"

9.35 - 9.55 **David Sánchez-Infantes**, Hospital German Trias i Pujol, Barcelona

"Oncostatin M impairs BAT thermogenic function and the browning of subcutaneous WAT"

10.00 - 10.20 **Ana Burgeiro**, University of Coimbra, Portugal

"Epicardial Adipose Tissue Metabolism - What do We Know?"

10.25 - 10.45 Short presentations by MetNet young scientists

10.45 - 11.15 COFFEE BREAK

SESSION 2 SYSTEMS BIOLOGY

Chair: **Pablo García-Rovés**, Facultat de Medicina, UB-IDIBELL

11.15 - 11.40 PLENARY CONFERENCE 1

Roger Guimera, Universitat Rovira i Virgili, Tarragona

"Systems biology to assess complex metabolic networks"

11.45 - 12.10 **Adil Mardinoglu**, KTH Royal Institute of Technology, Stockholm, Sweden

"The use of metabolic models in revealing the molecular mechanism of liver associated disorders"

12.15 - 13.00 **Uwe Sauer**, Institute for Molecular Systems Biology, ETH Zurich, Switzerland

"Real-time metabolome profiling of the metabolic switch between starvation and growth"

13.00 - 13.15 Short presentations by MetNet young scientists

13.15 - 15.00 LUNCH

SESSION 3 PATHOPHYSIOLOGY OF INSULIN RESISTANCE

Chair: **Pep Villena**, Hospital Universitari Vall d'Hebron

15.00 - 15.45 PLENARY CONFERENCE 2

Jan Eriksson, Dpt. of Medical sciences, Uppsala University, Sweden

"Adipose tissue mechanisms in human insulin resistance and T2D - translational studies"

15.50 - 16.10 **Brice Emanuelli**, University of Copenhagen, Denmark

"Novel elements of insulin signalling in adipose tissues"

16.15 - 16.35 **Ángela M. Valverde**, Instituto de Investigaciones Biomédicas Alberto Sols (CSIC-UAM), CIBERDEM, Madrid

"A novel GLP-1/Glucagon receptor dual agonist improves non-alcoholic steatohepatitis and liver regeneration in mice"

16.40 - 17.00 Short presentations by MetNet young scientists

Meeting location

Sala Prat de la Riba, IEC
C/ del Carme, 47, Barcelona

Registration

<http://scb.iec.cat/>

Meeting organizers

Pablo García-Rovés / Laura Herrero

PROGRAM

9.00 - 9.10	WELCOME Pablo M Garcia-Roves , Facultat de Medicina, UB-IDIBELL Laura Herrero , Facultat de Farmàcia, CIBEROBN, IBUB
SESSION 1	ADIPOSE TISSUE BIOLOGY Chair: Laura Herrero , Facultat de Farmàcia, CIBEROBN, IBUB
9.10 - 9.30	<u>Marta Giralt</u> , Facultat de Biologia, CIBEROBN, IBUB <i>“Adipose tissue biology: new insights from the study of adipose-related diseases”</i>
9.35 - 9.55	<u>David Sánchez-Infantes</u> , Hospital German Trias i Pujol, Barcelona <i>“Oncostatin M impairs brown adipose tissue thermogenic function and the browning of subcutaneous white adipose tissue”</i>
10.00 - 10.20	<u>Ana Burgeiro</u> , University of Coimbra, Portugal <i>“Epicardial Adipose Tissue Metabolism - What do we Know?”</i>
10.25 - 10.45	Short presentations by MetNet young scientists María Calderon-Dominguez , Facultat de Farmàcia, CIBEROBN, IBUB <i>“Carnitine palmitoyltransferase 1 increases lipolysis, UCP1 protein expression and mitochondrial activity in brown adipocytes”</i> Rubén Cereijo , Facultat de Biologia, CIBEROBN, IBUB <i>“A secretory role for brown adipose tissue: Identification of novel brown adipokines”</i>
10.45 - 11.15	COFFEE BREAK

SESSION 2	SYSTEMS BIOLOGY Chair: Pablo García-Rovés, Facultat de Medicina, UB-IDIBELL
11.15 - 11.40	PLENARY CONFERENCE 1 <u>Roger Guimera</u> , Universitat Rovira I Virgili, Tarragona <i>“Systems biology to assess complex metabolic networks”</i>
11.45 - 12.10	<u>Adil Mardinoglu</u> , KTH Royal Institute of Technology, Stockholm, Sweden <i>“The use of metabolic models in revealing the molecular mechanism of liver associated disorders”</i>
12.15 - 13.00	<u>Uwe Sauer</u> , Institute for Molecular Systems Biology, ETH Zurich, Switzerland <i>“Real-time metabolome profiling of the metabolic switch between starvation and growth”</i>
13.00 - 13.15	Short presentations by MetNet young scientists Pau Gama-Perez , Facultat de Medicina, IDIBELL <i>“Systems biology approach for the assessment of metabolic plasticity after a lifestyle intervention in diet-induced obese mice”</i> Noelia Keiran , Hospital Universitari de Tarragona Joan XXIII, CIBERDEM <i>“Obesity and type 2 diabetes alters the immune properties of human adipose derived stem cells”</i>
13.15 - 15.00	LUNCH

SESSION 3

PATHOPHYSIOLOGY OF INSULIN RESISTANCE

Chair: Pep Villena, Hospital Universitari Vall d'Hebron

15.00 - 15.45

PLENARY CONFERENCE 2

Jan Eriksson, Dpt. of Medical sciences, Uppsala University, Sweden

“Adipose tissue mechanisms in human insulin resistance and T2D - translational studies”

15.50 - 16.10

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“A novel GLP-1/Glucagon receptor dual agonist improves non-alcoholic steatohepatitis and liver regeneration in mice”

16.40 - 17.00

Short presentations by MetNet young scientists

Alexandra Carrilho do Rosário, Facultat de Farmàcia, IBUB

“Regulation of PPAR α target genes by Fsp27”

Gemma Sangüesa, Facultat de Farmàcia, CIBEROBN, IBUB

“Long term liquid fructose supplementation to female rats induces an atypical insulin resistance state in visceral adipose tissue”

17.00 - 18.00

Social hour with lite bites

SCB's assistants:

Mariàngels Gallego and Maite Sánchez

Societat Catalana de Biologia

C/ Maria Aurèlia Capmany, 14-16, 08001 Barcelona.

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ORAL PRESENTATIONS

Carnitine palmitoyltransferase 1 increases lipolysis, UCP1 protein expression and mitochondrial activity in brown adipocytes

María Calderon-Dominguez^{1,2}, David Sebastián^{3,4}, Raquel Fucho^{1,2}, Minéia Weber^{1,2}, Joan F. Mir^{1,2}, Blanca Balanya^{1,2}, Eduviges Bustos^{1,2}, Sandra Recalde^{1,2}, Mar Romero^{1,2}, Ester García-Casarrubios⁵, María Jesús Obregón⁵, Antonio Zorzano^{3,4}, Ángela M. Valverde^{4,5}, Dolors Serra^{1,2}, Laura Herrero^{1,2}

¹Department of Biochemistry and Physiology, Institut de Biomedicina de la Universitat de Barcelona (IBUB), Universitat de Barcelona, E-08028 Barcelona, Spain

²Centro de Investigación Biomédica en Red de Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Instituto de Salud Carlos III, E-28029 Madrid, Spain

³Institute for Research in Biomedicine (IRB Barcelona) and Departament de Bioquímica i Biologia Molecular, Facultat de Biologia, Universitat de Barcelona, E-08028 Barcelona, Spain

⁴Centro de Investigación Biomédica en Red de Diabetes y Enfermedades Metabólicas Asociadas (CIBERDEM), Instituto de Salud Carlos III, E-28029 Madrid, Spain

⁵Instituto de Investigaciones Biomédicas Alberto Sols (CSIC-UAM) and Instituto de Investigación Sanitaria La Paz, 28029 Madrid, Spain

The discovery of active brown adipose tissue (BAT) in adult humans and the fact that it is reduced in obese and diabetic patients have put a spotlight on this tissue as a key player in obesity-induced metabolic disorders. BAT regulates energy expenditure through thermogenesis; therefore, harnessing its thermogenic fat-burning power is an attractive therapeutic approach. We aimed to enhance BAT thermogenesis by increasing its fatty acid oxidation (FAO) rate. Thus, we expressed carnitine palmitoyltransferase 1AM (CPT1AM), a permanently active mutant form of CPT1A (the rate-limiting enzyme in FAO), in a rat brown adipocyte (rBA) cell line through adenoviral infection. We found that CPT1AM-expressing rBA have increased FAO, lipolysis, UCP1 protein levels and mitochondrial activity. Additionally, enhanced FAO reduced the palmitate-induced increase in triglyceride content and the expression of obese and inflammatory markers. Thus, CPT1AM-expressing rBA had enhanced fat-burning capacity and improved lipid-induced derangements. This indicates that CPT1AM-mediated increase in brown adipocytes FAO may be a new approach to the treatment of obesity-induced disorders.

A secretory role for brown adipose tissue: Identification of novel brown adipokines

Rubén Cereijo, Montserrat Cairó, Tania Quesada-López, Joan Villarroya, Teresa Mampel, Roser Iglesias, Marta Giralt, Francesc Villarroya

Department of Biochemistry and Molecular Biomedicine, Institute of Biomedicine, University of Barcelona, and CIBER Fisiopatología de la Obesidad y Nutrición, Barcelona, Catalonia, Spain

Background: White adipose tissue (WAT) and brown adipose tissue (BAT) exert opposing energy-storing and energy-dissipating functions. Although WAT communicates with distant organs by releasing adipokines, a potential analogous endocrine role for BAT has been scarcely explored. Here we identify CXCL14 as a brown adipokine involved in the adipose-immune cell crosstalk.

Methods: A dual data mining strategy was used to identify thermoregulated, BAT-enriched secreted proteins. The role of candidate protein CXCL14 was validated and further characterized using *in vitro* models (adipocytes and macrophages) and *in vivo* (loss- and gain-of-function murine models).

Results: Expression and release of CXCL14 was increased by pro-thermogenic stimuli in brown adipocytes *in vivo* and *in vitro*. Loss of function experiments revealed an impairment of BAT activation in CXCL14-knockout mice, concomitant with a lack of M2 macrophage infiltration. *In vitro* studies showed no autocrine effects on brown adipocytes, but demonstrated that brown adipocyte-derived CXCL14 promoted M2 macrophage polarization and migration. Likewise, M2 macrophage infiltration was enhanced in adipose tissues upon continuous administration of CXCL14 *in vivo*, resulting in local BAT activation and the browning of WAT depots.

Conclusions: CXCL14 is a novel brown adipocyte-derived adipokine which favors M2 macrophage recruitment to adipose tissues during adaptive thermogenesis.

Systems biology approach for the assessment of metabolic plasticity after a lifestyle intervention in diet-induced obese mice

Pau Gama-Perez ¹, Alba Gonzalez-Franquesa ², Giancarlo Castellano ³, Antoni Aguilar-Mogas⁴, Sara Samino⁵, Oscar Yanes⁵, Laura Herrero⁶, Jose Ignacio Martin-Subero³, Marta Sales-Pardo⁴, Roger Guimera⁴, Pablo M Garcia-Roves¹.

1 Department of Physiological Science, Faculty of Medicine, University of Barcelona. Bellvitge Biomedical Research Institute (IDIBELL). Barcelona, Spain.

2 Research Division, Joslin Diabetes Center. Boston, MA, USA.

3 Department of Pathology, Pharmacology and Microbiology, University of Barcelona, August Pi i Sunyer Biomedical Research Institute (IDIBAPS). Barcelona, Spain.

4 Department of Chemical Engineering, University Rovira i Virgili. Tarragona, Spain.

5 Center for Omic Sciences, University Rovira i Virgili. Reus, Spain.

6 Department of Biochemistry and Physiology, School of Pharmacy, University of Barcelona. Barcelona, Spain.

Background: The progression to obesity-related type 2 diabetes (T2DM) is complex and requires holistic and integrative approaches to elucidate its underlying mechanisms. Thus, therapeutic strategies have to impact multiple organ systems and combat the pleiotropic effects of their root causes. Lifestyle intervention promoted by calorie restriction and exercise training has shown to be a successful approach to combat T2DM.

Aim: The experimental model was designed to study metabolic plasticity towards T2DM state, and assess the degree of reversibility that can be reached by undergoing a lifestyle intervention.

Methods: A system biology top-down approach from a phenotypic characterization at a systemic level to tissue-specific functional and metabolic read-outs was implemented.

Results: Lifestyle intervention was sufficient to reverse most of the phenotype disruptions observed in the pathological state, showing a high degree of reversibility. Tissue-specific metabolic alterations were also evaluated according to patterns of reversibility by different multivariate analysis, pointing out the high degree of irreversibility observed in epididymal white adipose tissue (eWAT).

Conclusions: The development and application of systems biology tools have allowed a comprehensive understanding of metabolic plasticity, and the identification of those metabolic pathways and tissues mostly altered in pathological states.

Obesity and type 2 diabetes alters the immune properties of human adipose derived stem cells

Noelia Keiran,^{a,b} Carolina Serena,^{a,b} Victoria Ceperuelo-Mallafre,^{a,b} Miriam Ejarque,^{a,b} Kelly Roche,^{a,b} Catalina Nuñez-Roa,^{a,b} Joan Vendrell,^{a,b} and Sonia Fernández-Veledo^{a,b}.

^a Hospital Universitari de Tarragona Joan XXIII. Institut d'Investigació Sanitària Pere Virgili Universitat Rovira i Virgili, Tarragona, Spain

^b CIBER de Diabetes y Enfermedades Metabólicas Asociadas (CIBERDEM), Instituto de Salud Carlos III, Madrid, Spain

Background: Adipose tissue-derived stem cells (ASCs) are proposed as an alternative stem cell source to bone marrow-derived cells for immune cell therapy. However, microenvironmental factors may impact the functionality of this population in human adipose tissue (AT).

Aim: We evaluated whether the fat depot in addition to the donor phenotype controls the immunomodulatory capacity of ASCs. Focusing on obesity and type 2 diabetes (T2D) as metabolic disorders that might affect the immune response of ASCs.

Methods: We compared the inflammatory and functional response of ASCs from subcutaneous and visceral AT of age-matched donors (lean n=4, body mass index [BMI] 21.98 ± 1.9 ; obese n=4 BMI 33.1 ± 2.1 and T2D n=4 BMI 35.3 ± 1.5).

Results: Obese and particularly T2D-derived ASCs showed increased expression of inflammatory markers, activation of NLRP3 inflammasome and higher migration, invasion and phagocytosis capacities than those derived from lean donors. Remarkably, ASCs derived from obese and T2D subjects exhibited a reduction in typical immunosuppressive activities attributed to stem cells.

Conclusion: These data indicate that the donor metabolic phenotype compromises the immunomodulatory properties of ASCs. These results are relevant not only for understanding the physiology of ASCs in terms of cell-based therapies but also for their role as key regulators of the immune response.

Regulation of PPAR α target genes by Fsp27

Alexandra Carrilho do Rosário, Albert Pérez Martí, Joana Relat, Pedro Marrero, Diego Haro

Facultat de Farmacia, Universitat de Barcelona

Background: FSP27 is a lipid-droplet associated protein expressed in liver and white and brown adipose tissues, which promotes intracellular lipid accumulation and prevents lipid utilization.

Previous work in our lab identified FSP27 as a key gene upregulated in the liver on the early response to fasting (Vilà-Brau et al. 2013), uncovering a link between its expression pattern and role in the unilocular lipid droplet formation, and the availability of PPAR α ligands, the new fat, in fasting or feeding situations (Chakravarthy et al. 2005).

Aim: We hypothesized that liver activity of FSP27 promotes the intrahepatic accumulation of newly synthesized phospholipids during the early fasting state, which are then released into circulation, thus regulating the availability of endogenous ligands of PPAR α .

Methods: To evaluate the effects of the loss of hepatic FSP27, its expression was silenced by using an adenovirus-mediated shRNA, in Ad Libitum conditions and at a 15hour fasting.

Results: The livers of fasted mice showed similar expression of PPAR α target genes when compared to livers from control mice, but changes were found in PPAR α target genes in brown adipose tissue.

Conclusion: These results suggest that lack of hepatic FSP27 activity would affect brown adipose tissue gene expression.

Long term liquid fructose supplementation to female rats induces an atypical insulin resistance state in visceral adipose tissue

Gemma Sangüesa,^{1,2} José Carlos Montañés,¹ M^a del Mar Cascales,¹ Miguel Baena,^{1,2} Núria Roglans,¹⁻³ Marta Alegret,¹⁻³ and Juan C Laguna¹⁻³

¹ Department of Pharmacology and Therapeutic Chemistry, School of Pharmacy, University of Barcelona, Barcelona, SPAIN.

²IBUB (Institute of Biomedicine, University of Barcelona)

³CIBERobn (Centro de Investigación Biomédica en Red de Fisiopatología de la Obesidad y Nutrición).

Background: Fructose consumption has been associated with the development of metabolic disorders. Our aim was to investigate the effect of long term liquid fructose supplementation on metabolic parameters and morphological and functional changes in visceral white adipose tissue (vWAT) in female rats.

Methods: Sprague-Dawley female rats were supplemented with 10% w/v fructose in drinking water for 28 weeks. Glucose tolerance test (GTT) was performed and organ weight, plasma analytes and gene/protein expression in WAT were measured.

Results: Fructose rats showed a significant increase in total body and vWAT weight and adipocyte size. Plasma triglycerides, NEFA, TBARS, AGEs and leptin were higher in fructose rats. Fructose caused hyperinsulinemia, an increase in the AUC of plasma insulin concentrations during the GTT, and impaired insulin signalling (Akt-p, IRS-2) in vWAT. Despite this, fructose reduced HSL-p (Ser660) and PPAR γ -p (Ser273) whereas PPAR γ protein expression was not modified.

Conclusions: Long term fructose supplementation causes hyperlipidemia, glucose intolerance, alters insulin signalling in WAT and produces adipocyte hypertrophy, suggesting WAT insulin resistance. However, it seems to be an atypical state of insulin resistance, as lipolysis is not increased and PPAR γ -p (Ser273), which is considered a diabetogenic marker, is decreased.

POSTER PRESENTATIONS

1) Alex3, a possible linker between energy homeostasis and cancer

Aleix Gavaldà-Navarro¹, Mariona Guitart-Mampel¹, Eduardo Soriano², Beatriz Minguez³ and Francesc Villarroya¹

¹Department of Biochemistry and Molecular Biology, and Institute of Biomedicine, University of Barcelona, and CIBERobn, Barcelona, Spain. ²Department of Cell Biology, University of Barcelona, and CIBERNed, Barcelona, Spain. ³Grupo de Investigación en Enfermedades Hepáticas. Vall d'Hebron Institut of Research. Servicio de Medicina Interna-Hepatología. Hospital Universitario Vall d'Hebron. UAB, and CIBERhd. Barcelona, Spain.

Background: Alex3 is a member of the Armcx family of proteins. Originally, the activity of this protein was established in the nervous system. Alex3 localizes to mitochondria, controls mitochondrial dynamics and trafficking, influences the Wnt/ β -catenin intracellular pathway and has been proposed as a putative tumour suppressor.

Aim: To study the role of Alex3 in the relationship between energy metabolism and cancer.

Methods: Metabolic and gene expression characterization of Alex3-knockdown mice, obtained via embryonic siRNA injection.

Results: We found that Alex3 is expressed in peripheral tissues, such as liver, white (WAT) and brown (BAT) adipose tissues. Mice fed high-fat diet showed a rise in the hepatic expression of Alex3, whereas fasting repressed it, suggesting a strong regulation of Alex3 by nutritional factors. Alex3-knockdown mice developed obesity spontaneously, showing hypertrophy of adipocytes in WAT depots. Accordingly, insulin levels were increased despite mild hyperglycemia, indicating insulin resistance. This was accompanied by impaired thermogenic activity of BAT, assessed by reduced heat production and lowered expression of thermogenic genes. Moreover, these mice developed hepatic steatosis and signs of hepatic lipotoxicity.

Conclusions: These data indicate that Alex3 may play a role in the control of energy metabolism and elicits disturbances leading to obesity and hepatic lipotoxicity.

2) Deciphering the role of mitochondrial fusion protein Opa1 in POMC neurons upon modulation whole-body energy balance

Alicia G Gómez-Valadés^{1,3}, Marc Schneeberger^{1,2}, Sara Ramírez¹, Antonio Zorzano^{4,5}, Ramon Gomis^{1,2,3} and Marc Claret^{1,3}

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Background and aims: A growing body of evidence indicates that hypothalamic neurons expressing pro-opiomelanocortin (POMC) are key players in the control of whole-body energy balance and glucose homeostasis. It has been proposed that impaired nutrient/energy sensing mechanisms in POMC neurons may underlie the development of obesity and glucose metabolism perturbations. On the other hand, recent findings strongly suggest that mitochondria sense energy/nutrient fluctuations and engage bioenergetic adaptations through dynamic remodeling of its architecture by fission and fusion events. A key mediator of mitochondrial fusion is Optic atrophy 1 (Opa1), an inner mitochondrial membrane dynamin-related GTPase.

Hypothesis: Herein we aim to uncover a potential role of Opa1 in POMC neurons sensing energetic/nutritional milieu and integrating specific physiological actions to maintain systemic energy balance.

Results: Mice lacking Opa1 in POMC neurons (POMCOpa1KO) exhibit glucose intolerance and insulin resistance irrespective of body weight. Furthermore, POMCOpa1KO mice present altered energy balance parameters which leads to an obesogenic phenotype. Analysis of second order neurotransmitters revealed a fasting-specific reduction in hypothalamic Crh and pituitary Pomc mRNA, concomitant with an impaired fasting-induced corticosterone release. Nevertheless, a possible pituitary-adrenal axis dysfunction can be discarded as an appropriate CRH-induced (CRH test) stress-induced (restrain test) ACTH and corticosterone release was observed.

Conclusions: Our results highlight Opa1 in POMC neurons as a critical mitochondrial dynamics actor particularly relevant for adequate hypothalamic energy balance regulatory function, possibly by modulating the hypothalamus-pituitary-adrenal axis. This is an unexplored area of research that may open new avenues to investigate in the field of metabolic control and diabetes therapy.

3) Cardiac dysfunction in obesity: effect of a high fat diet and involvement of Fgf21

Planavila A.¹, Rupérez C.¹, Lerin C.², Giralte M.¹, Villarroya F.¹

¹ Departament de Bioquímica i Biologia Molecular. Institut de Biomedicina de la Universitat de Barcelona (IBUB), Universitat de Barcelona, 08028 Barcelona, Spain

² Endocrinology, Hospital Sant Joan de Deu, 08950 Barcelona, Spain

Background: High-fat diet (HFD)-induced obesity leads to development of cardiac dysfunction. Fibroblast growth factor-21 (Fgf21) is produced by the heart and prevents cardiac hypertrophy development.

Aim: To determine the effects of Fgf21 on the cardiomyopathy associated to obesity development.

Methods: Wild-type (wt) and Fgf21^{-/-} mice were fed a HFD for 16 weeks.

Results: HFD feeding increased the heart weight/tibia length (HW/TL) ratio in wt mice but not in Fgf21^{-/-} mice. Ecocardiographic measurements (LVID, IVS, PWT and EDV) confirmed enhanced cardiac hypertrophy in Fgf21^{-/-} mice. Fatty acid oxidation was induced in Fgf21^{-/-} mice after HFD. The expression levels of genes involved in lipolysis were down-regulated in Fgf21^{-/-} mice fed with a HFD and oil-red O staining revealed the presence of higher amounts of lipid droplets in these hearts.

Conclusions: Lack of Fgf21 confers more susceptibility to the cardiomyopathy induced by obesity.

4) β -enolase is decreased in muscle from sporadic inclusion body myositis patients

A. Justamante, M. Catalán-García, C. Morén, M. Guitart-Mampel, I. González-Casacuberta, D. Luz-Juárez, E. Tobias, P. Moreno, J. Milisenda, F. Cardellach, G. Garrabou, JM. Grau.

Muscle Research and Mitochondrial Function Laboratory, CELLEX-IDIBAPS, Faculty of Medicine-University of Barcelona, Internal Medicine Department- Hospital Clínic of Barcelona, CIBERER-U722 Barcelona, Spain.

Background: Sporadic inclusion body myositis (sIBM) is the most common myopathy in elderly and present three different pathogenic features: inflammation, mitochondrial abnormalities and muscle degeneration. However, its aetiology and treatment remain poorly understood and specific mechanisms responsible of muscle degeneration remain unknown.

Aim: To perform a high throughput evaluation of differentially expressed proteins in muscle from sIBM-patients compared to controls to search for a dysregulation of pathways underlying abnormal muscle regeneration.

Methods: A proteomic study was performed through mass spectrometry to evaluate proteic profile in 3 muscles from sIBM-patients and 3 controls. Afterwards results were confirmed by Western-blot technique in a larger cohort (15 muscles from sIBM-patients and 15 controls).

Results: Proteomic analysis revealed a significant decrease of β -enolase in muscle from sIBM patients with a fold change of 2.58 further confirmed through western blot with a fold change of 1.99.

Conclusions: β -enolase is involved in several pathways including glycolysis but also plasminogen activation, crucial for extracellular proteolysis, myogenesis and muscle regeneration. Abnormally low levels of β -enolase that have been found in muscle from sIBM-patients could play a role in the poor muscle regeneration characteristic of sIBM-patients.

5) Mrc1 integrates multiple stress signals to prevent genomic instability in s-phase

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Cell Signaling Research Group. Departament de Ciències Experimentals i de la Salut (UPF). 08003 Barcelona, Spain.

Replication and transcription processes are coordinately regulated to prevent genomic instability. Specific DNA structures and proteins isolate replication and transcription processes in highly transcribed regions of the genome. General transcription, in the other hand, takes place all over the genome and is thought to be temporary separated from replication. However, cell adaptation to abrupt environmental changes requires fast and massive reprogramming of the gene expression pattern. This transcriptional activation also occurs during S-phase and poses risk of collision between replication and transcription machineries, requiring a precise coordination of the replication and transcription to prevent genomic instability. We described the existence of a dedicated checkpoint pathway to coordinate both machineries upon osmostress-induced transcriptional outbursts (Duch et al., 2013). In response to osmostress, the same protein that orchestrates the activation of hundreds of osmoresponsive genes, the Stress-Activated Protein Kinase (SAPK) Hog1, phosphorylates the replisome protein Mrc1 to block DNA replication in order to prevent genome stability. Mutation of the three Hog1 target sites in Mrc1 avoids S-phase arrest leading to Transcription-Associated Recombination (TAR) and the subsequent genomic instability upon osmostress. Interestingly, this mechanism operates independently of the known DNA damage checkpoint pathway, pointing out the necessity of a dedicated S-phase checkpoint to deal with the massive transcription upon osmostress. The aim of this project is to study if Mrc1 is also targeted upon other environmental stresses demonstrating the existence of a universal mechanism to protect genomic integrity upon stress-induced transcriptional outbursts.

6) Obese BAT has increased inflammation and ER stress

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Introduction: Obesity is spreading worldwide with a concomitant increase in its associated pathologies such as type 2 diabetes. Obesity is ultimately an imbalance between energy intake and energy expenditure. Brown adipose tissue (BAT) controls energy expenditure through thermogenesis and has emerged as an important player in obesity-induced diabetes. However, its molecular changes under a high-fat diet (HFD) had not been fully characterized.

Objective: To study BAT inflammation, ER stress, mitochondrial dysfunction, thermogenesis and adipocyte morphology in obese and diabetic mice.

Methods: Eight-week-old C75Bl/6J male mice were fed with either chow (10% Kcal fat) or HFD (60% Kcal fat) for 20 weeks.

Results: Obese BAT showed increased mRNA levels of the proinflammatory markers TNF α , IL- β and MCP-1 and the ER stress markers Chop and Bip, compared with lean littermates. Bmp8b mRNA levels were reduced pointing to a decrease in thermogenesis. No changes were seen in mitochondrial function. Morphological studies showed the typical brown-to-white transformation of brown adipocytes under HFD.

Conclusion: Obese BAT showed increased inflammation and ER stress without changes in mitochondrial function.

7) Lack of Mitochondrial Transcription Termination Factor 4 in brown adipose tissue leads to impaired mitochondrial function and cold sensitivity

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Altered mitochondrial function is linked to numerous diseases. Biogenesis of functional mitochondria requires of the coordinated expression of genes encoded by both the nuclear and the mitochondrial genomes. Although several regulators that control the expression of nuclear-encoded mitochondrial genes have been identified, little is known about the mechanisms that control the expression of proteins encoded by the mtDNA. The members of the MTERF protein family have been implicated in the regulation of mtDNA transcription and translation. Among them, MTERF4 has been described as an essential factor for the assembly of mitochondrial ribosomes and protein translation. To study the role of MTERF4 in adipose tissues, we have generated an adipose-specific knockout mouse model devoid of MTERF4 in mature adipocytes (MTERF4-FAT-KO). MTERF4-FAT-KO mice show increased brown adipose tissue (BAT) mass and abnormal accumulation of triglycerides in brown adipocytes. Lack of MTERF4 in BAT results in reduced mitochondrial mass and decreased levels of mitochondrial proteins of the OxPhos system. The reduced mitochondrial protein content correlates with impaired respiratory capacity of isolated brown adipocytes in response to norepinephrine and the inability of MTERF4-FAT-KO mice to maintain body temperature when exposed to cold. Our results demonstrate that MTERF4 is essential to sustain BAT thermogenesis.

8) Altered endothelial mitochondrial dynamics cause metabolic disturbances

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Blood vessels distribute nutrients and signalling molecules to every single cell in the body. Endothelial cells define the vessel wall and thus they are in a privileged location to crucially modulate nutrients and signalling molecules availability to tissues. Mitofusins (Mfn) are GTPase-like family of proteins implicated in external mitochondrial membrane fusion. A connection between mitochondrial fusion in the vasculature and endothelial dysfunction has been suggested. However, it is unknown whether primary vascular dysfunction impacts on systemic metabolism. Our hypothesis is that altered mitochondrial fusion in endothelial cells would lead to energy balance and metabolic disorders.

In order to address this question we have generated an inducible endothelial cell-specific Mfn2 knock-out mice, and perform metabolic profiling. The vasculature of those animal models will be fully characterized by a combination of imaging and functional techniques in retinas.

Upon adult-induced Mfn2 ablation in endothelial cells, mice progressively reduce body mass until reaching a weight loss circa 25% less than control counterparts when fed a chow diet. Consistently, mutant mice show resistance to HFD-induced weight gain. Concomitantly, they are more sensitive to insulin, exhibit improved glucose tolerance and reduced hepatic glucose production. Moreover, control and knock-out animals did not show differences in appetite or intestinal nutrient absorption, suggesting increased energy expenditure. The physiological underpinnings underlying this reduction in body weight are currently under investigation.

We can conclude that mitochondrial dynamics in endothelial cells are implicated in systemic energy homeostasis control in mice.

9) Decreased CD36 gene expression is concomitant to subcutaneous fat depot reduction in postoperatively morbid obese

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Background: Few data are available on the impact of bariatric surgery on the expression of molecular determinants of metabolic syndrome in subcutaneous adipose tissue (SAT) in postoperatively morbid obese.

Objective: The aim of this study was to analyze the gene expression profile controlling SAT homeostasis in postoperatively morbid obese.

Materials and methods: Morbidly obese patients undergoing Roux-en-Y gastric bypass (RYGB) surgery were recruited from Hospital de la Vall d'Hebron in Barcelona. Sample specimens were assayed for chemical and gene expression analysis. The effects of weight loss on the different parameters were determined by comparing the baseline values with those obtained at 12 mo. after surgery using a non-parametric Wilcoxon test.

Results: A favorable metabolic status was observed in our postoperatively obese. At baseline, the expression of several genes (LEP, ADIPOQ, LIPE, LPL, CD36, PAI1, NOS2, SLC2A4, FABP4, UCP2, and PPARG) was predominant in SAT vs visceral fat. Compared with baseline, their downregulation was associated with a commensurate decrease in adiposity. Notably, the change in the gene expression of CD36 was concomitant to that observed in SAT (Spearman $r=+0.77$; $P=0.007$).

Conclusion: Our data show that subcutaneous fat depot reduction was directly associated with concomitant decrease in the gene expression of CD36.

10) Nicotinamide supplementation improves glucose metabolism and prevents weight gain in mice

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Background: The impact of nicotinamide (NAM) on glucose metabolism and body weight is controversial.

Objectives: To evaluate the effect of NAM administration on the glucose metabolism and weight gain in mice.

Materials and methods: Male mice (C57BL/6J) on a standard diet were treated with three doses of NAM (0, 1, and 2 g/kg), respectively. Sample specimens were assayed for chemical and gene expression analysis. An oral glucose tolerance test was made to assess glucose metabolism. The effects of NAM on the different parameters were compared using a non-parametric Kruskal-Wallis or U Mann-Whitney test, as appropriate.

Results: Administration of NAM did not result in signs of hepatotoxicity or altered renal function. NAM improved (+28%; $P<0.05$) the responsiveness to glucose oral load in mice and it was associated with a weight gain prevention. The latter was in part attributed to a decreased feed efficiency (-40%; $P<0.05$) and increased NAD content (+50%; $P<0.05$) in adipose tissue from NAM-treated mice.

Conclusions: Mice administrated with NAM showed an amelioration in the bioavailability of glucose; the NAM-treated mice also displayed a significant reduction in the body weight gain which was mainly attributed to an increased feed efficiency.

11) Ghrelin reduces GABAergic output through carnitine palmitoyltransferase (CPT) 1A

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Introduction: Ghrelin modulates neuropeptides in arcuate hypothalamus and it is essential for the control of feeding and glycaemia. Nonetheless, little is known about its effect on amino acid neurotransmitters. We assessed ghrelin effect on gamma-aminobutyric acid (GABA) metabolism and release and the involvement of carnitine palmitoyltransferase (CPT) 1A as a downstream effector in primary cortical neurons (CTX) and hypothalamic GT1-7 cell line. We used a pharmacological inhibition with etomoxir, a CPT1A-specific inhibitor, and genetic inhibition with Ad-shCPT1A and total ablation in CTX from CPT1A(loxP/loxP) mice.

Results: we observed that ghrelin reduces GABA release in cortical neurons under physiological glucose concentration similar to that of the cerebrospinal fluid. This effect is mediated by CPT1A, since its pharmacological inhibition with etomoxir or genetic ablation restores this reduction. Ghrelin also produces an increase in mRNA of *cpt1a*, *gadx*, *vgat* and GABA shunt genes. Moreover, we observed that ghrelin induces changes in the levels of TCA intermediates, as well as it modifies mitochondrial function by reducing oxygen consumption rate and the production of reactive oxygen species. These three effects are reversed by genetic inhibition of CPT1A.

Conclusion: all these observations indicate that ghrelin treatment of cortical/hypothalamic neurons might modulate GABA metabolism and release and highlight CPT1A as a key mediator of ghrelin's effect.

12) Increased PI3K signalling in endothelial cells depletes lipids from white adipose cells

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PTEN is a dual lipid/protein phosphatase, and represents the major negative regulator of PI3K. Previous data from our laboratory place PTEN as a key enzyme regulating endothelial cell (ECs) proliferation during angiogenesis and suggest that loss of PTEN in ECs do not compromise mice viability, but it results in aberrant vasculature exclusively in white adipose tissue (WAT). Physiological WAT remodeling is coordinated with vessel growth and this is partially mediated by a not yet fully characterized crosstalk between adipocytes and ECs. To study this crosstalk we took advantage of our mouse model of PTEN deletion in ECs. We crossed *Pten*^{flox/flox} mice with *Pdgfrb*^{CreERT2} transgenic mice that express a tamoxifen-activatable Cre recombinase in ECs; 4-hydroxytamoxifen was administered in vivo at postnatal day 1 (P1) and P2 to activate Cre expression. Loss of quiescence in ECs induced by PTEN loss resulted in: i) vascular hyperplasia in adult WAT, (ii) ECs metabolic switch from glycolysis to beta-oxidation, (iii) reduced body weight gain, (iii) decreased WAT mass and reduced adipocyte size. This phenotype points out that the metabolic switch of ECs, induced by loss of PTEN, increases lipid mobilization from WAT. Our data further suggest that normal ECs are secreting protective factors that inhibit lipolysis, which likely are down regulated in PTEN null cells; identifying those protective factors may help in develop a novel therapeutic approach against obesity.

13) A drug discovery strategy to target PEPCK-M: implications in cancer and diabetes treatments

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In the liver, mitochondrial and cytosolic phosphoenolpyruvate carboxykinase (PEPCK-M and PEPCK-C) isoforms play an important role potentiating gluconeogenesis and TCA flux through the conversion of mitochondrial oxaloacetate to phosphoenolpyruvate. However, PEPCK-M is specifically present in non-gluconeogenic tissues; including pancreatic β -cells where it critically regulates insulin secretion by coupling TCA cycle coupled GTP recycling to GSIS. On the other hand, we showed that PCK2 has a critical role in the survival program initiated upon ER and AAR stress in tumor cells. Therefore, we are developing a drug discovery/validation programme targeting PEPCK-M in cancer and diabetes. Our initial attempts, produced novel potent inhibitors based on C-8 modifications of 3-alkyl-1,8-dibenzylxanthines derivatives proven to target PEPCK-C. In fact, in INS1 cells, we demonstrated complete ablation of GSIS when PEPCK-M was inhibited. Also, we saw a decrease in cell viability under nutritional stress in several breast and colon carcinoma cell lines. Our results indicate that these PEPCK-M inhibitors could be useful tools to inhibit tumor cells growth *in vivo* and limit insulin exhaustion at the terminal phase of compensatory insulin resistance in type 2 diabetes patients.

14) Orexin receptor-1 signaling characterization in white adipose tissue

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Two orexin receptors, OX₁ and OX₂ (OX₁R and OX₂R), have been identified, with orexin-A being non-selective for both receptors and orexin-B having more affinity for OX₂R (de Lecea et al., 1998; Sakurai et al., 1998). Signaling via OX₁R expressed in brown adipose tissue (BAT) constitutes an important mechanism that participates in the control of temperature and body weight (Sellayah et al., 2012). On the one hand, orexinergic neurons in the lateral hypothalamus project from the CNS indirectly through multisynaptic pathways to liver and epididymal white fat (Stanley et al., 2010). On the other hand, orexin receptors are expressed in WAT and significant levels of orexin A are present in plasma. Moreover, plasma levels associate with physical activity in obese people (Hao et al., 2016). We here describe orexin A-induced OX₁R signaling pathway in WAT to understand better the system and to explore new paradigms in obesity-related research.

References

Hao YY et al., 2016. Sellayah et al., 2012. Stanley et al., 2010

15) Similar expression of amino acid metabolism enzymes in rat white and brown adipose tissues

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Background: White (WAT) and brown (BAT) adipose tissue glucose and fatty acid metabolism may be highly active depending on energy availability. Their amino acid (AA) metabolism is similarly active albeit unknown. Here we analyzed whether BAT thermogenesis and WAT fat-storage roles and diet, modulate AA metabolism-related enzymes.

Methods: Male rats were fed 30 days with standard or cafeteria diets. Subcutaneous WAT and interscapular BAT samples were used for gene expression analysis of common AA enzymes; data were expressed as fmol/g protein to allow comparison.

Results: WAT and BAT expression levels were mostly in the 20-30 cycle range. Ratios for Glul/Gls, and Bcat1/Bcat2 ratios were uniform despite site and diet. In BAT, Glud1 expression and the ALAT1/ALAT2 expressions ratio were higher in BAT. Glycine cleavage system was expressed in all samples.

Conclusion: BAT and WAT showed a similar high AA catabolic potential regardless of function and diet (protein energy availability). To be adipose is a main defining factor for AA metabolism.

16) Analysis of inflammation and ER stress in different tissues of mice overexpressing CPT1AM in liver

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Introduction: Previous studies from our group have shown that an enhanced fatty acid oxidation (FAO) in liver of high-fat diet (HFD) mice reduces hepatic steatosis and blood glucose and insulin levels. However, the effect of this liver-specific enhancement of FAO on other tissues is unknown.

Objective: To determine the effect of liver FAO enhancement on the inflammation and ER stress gene expression markers in different tissues of HFD mice.

Methods: FAO was increased by expressing a permanently active mutant form of carnitine palmitoyltransferase 1A (CPT1AM) specifically in liver of obese or control mice by AAV9-CPT1AM tail vein injection. AAV9-GFP was used as a control. Inflammation and ER stress gene expression were analysed by qRT-PCR.

Results: HFD CPT1AM-expressing mice showed a decrease in the hypothalamic mRNA levels of the TNF α inflammatory gene compared to HFD control mice. In contrast, mRNA levels of ER stress gene markers were not modified. In brown adipose tissue, HFD-induced increase in MCP1 mRNA levels was restored in CPT1AM-expressing mice. No changes were observed in epididymal white adipose tissue and muscle.

Conclusions: Results point to a reduction in hypothalamus and BAT inflammation by the enhancement of liver FAO in HFD fed mice.

17) Maternal carbohydrate intake provokes oxidative stress in liver but not in adipose tissue

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Background: Fructose consumption from added sugars correlates with the epidemic rise in obesity, metabolic syndrome and cardiovascular diseases. One feature of metabolic syndrome is an impairment of the redox status. Therefore, we have investigated whether liquid fructose modifies the redox status in pregnant rats.

Methods: Pregnant rats were separated into three groups: control, fructose- and glucose-fed. Carbohydrates were supplied as a 10% (wt/vol) solution in drinking water throughout gestation. Different markers of oxidative stress were measured in plasma, liver and adipose tissue.

Results and Conclusions: Maternal carbohydrate intake throughout gestation increased hepatic maternal oxidative stress. However, their plasma lipid peroxides levels were decreased. Curiously, adipose tissue showed a lower oxidative stress in carbohydrate-fed rats versus control animals. Late pregnancy is known to show an augmented lipolytic activity. Therefore, it is proposed that scarcely oxidized fatty acids were released from adipose tissue to the circulation, leading to low plasma lipid peroxidation.

18) Lack of brain-specific carnitine palmitoyltransferase 1C (CPT1C) impairs leptin- and diet-induced thermogenesis

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Brain-specific carnitine palmitoyltransferase-1C (CPT1C), despite its minimal CPT1 catalytic activity, is implicated in central regulation of food intake and energy homeostasis. CPT1C knock-out (KO) mice show an increased susceptibility to diet induced obesity and an impaired regulation of food intake in response to leptin or ghrelin. However, it is completely unknown whether CPT1C is involved in hypothalamic regulation of thermogenesis. Here we explore the role of CPT1C in leptin- and diet-induced thermogenesis in brown adipose tissue (BAT).

CPT1C KO and WT mice were fed a standard or high fat diet (HFD) for 7 or 14 days. In WT mice, HFD significantly increased interscapular BAT temperature and the expression of thermogenic markers, while CPT1C KO mice showed lower interscapular BAT temperature and thermogenic gene expression. They also showed higher body weight gain and adiposity. Moreover, acute HFD consumption increased ER stress markers and dysregulated p-STAT3 and SOCS3 mRNA levels in mediobasal hypothalamus (MBH) from CPT1C KO mice compared to WT mice. In addition, CPT1C KO mice showed hyperleptinemia after 7 days of HFD suggesting an earlier onset of leptin resistance compared to WT mice. In another set of experiments, leptin injection into the lateral ventricle of WT mice revealed a sustained increase of interscapular BAT temperature for 4h after injection and the upregulation of BAT thermogenic markers, whereas these responses were significantly attenuated in CPT1C KO mice.

Therefore, our results demonstrate that CPT1C could be crucial in hypothalamic regulation of BAT thermogenesis in response to acute HFD and central leptin administration. These evidences contribute to explain the reported protective role of CPT1C against fat feeding.

19) Stromal vascular cells contribute significantly to adipose tissue lactate production from glucose, as the adipocytes do

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White adipose tissue (WAT) produces large amounts of lactate by glycolysis from glucose. Lactate production correlates with lactate dehydrogenase (activity and gene expression). Cultured 3T3L1-derived adipocytes mimic these effects. Although most of WAT volume corresponds to adipocytes, it also contains stromal vascular cells (SVC).

In this study, we analysed glucose conversion to lactate using adipocytes and SVC isolated from epididymal (EPI) WAT. Erythrocytes contribution to total WAT lactate synthesis was also checked.

Male Wistar rats were anaesthetized and killed; EPI cells were isolated using collagenase; they were incubated with 14 mM glucose under standard (normoxic) conditions for 48h.

The adipocytes in 1g EPI produced 62% of total lactate; SVC lactate production was 37% of total. Erythrocyte-derived lactate was almost negligible.

In conclusion, adipocytes produced lactate at high glycolytic (i.e. non-oxidative) rates, SVC also produced lactate at lower rates (their combined mass was smaller), decreasing the glucose levels at the expense of lipogenesis.

20) Immunoregulatory properties of human adipose derived stem cells (hASCs) in inflammatory diseases. Differences between Crohn's disease and obesity

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Background: Crohn's disease (CD), obesity and type 2 diabetes (T2D) are inflammatory diseases. Visceral adipose tissue (VAT) plays a decisive role in the inflammatory environment observed in these pathologies. Specifically, in CD subjects there is frequently an increase of mesenteric fat-tissue which is called "creeping fat".

Methods: We isolated adipose derived stem cells (ASC) from subcutaneous (SAT) and VAT of a well-characterized cohort including 4 groups: inactive CD (in remission), active CD, obese, and obese subjects with diabetes (T2D). ASCs were immunophenotyped by flow cytometry.

Results: ASCs obtained from CD subjects shown a significantly greater migratory invasive and phagocytic capacities than those derived from obese subjects, regardless of the presence of diabetes. This distinctive difference in phenotype between CD versus obese ASCs was observed in both active and inactive CD donors and in both depots SAT and VAT. Accordingly, AT inflammation markers (IL-6, TNF α , IL-1 β , MCP-1) indicated that both active and inactive CD subjects present a higher proinflammatory environment compared to obese subjects. Remarkably, we demonstrate that CD produces a detrimental effect not only on mesenteric adipose tissue-resident stem cells, but also on the subcutaneous fat depots.

Conclusion: ASCs may have different immuno-modulatory capacities depending on the inflammatory event.

21) Role of FGF21 in brown and white adiposity *in vivo* and *in vitro*

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Background. FGF21 experimental treatments protect against diabetes and obesity in rodents. However, obese patients and rodent models of obesity show a paradoxical increase in blood FGF21.

Aim: Elucidate the role of FGF21 on adiposity through ‘loss-of-function’ approaches.

Methods: BAT, inguinal and epididymal WAT were collected from male FGF21-KO and wild-type mice. Cell precursors were isolated and differentiated to adipocytes in culture, and ¹⁴C-glucose oxidation was determined. Cell morphology, gene expression and hormone/cytokine protein levels were determined by optical microscopy, qRT-PCR, ELISA or Multiplex, respectively.

Results. FGF21-null mice showed increased glycemia and insulinemia, reduced adiponectinemia but unaltered weight of adipose depots. The expression of marker genes for carbohydrate and lipid metabolism, adipogenesis and “browning” was essentially unaltered whereas expression of inflammation and macrophage infiltration marker genes was increased in BAT but reduced in iWAT from FGF21-KO mice. Morphological differentiation in culture of brown and white adipocytes from FGF21-KO was unaltered, whereas glucose oxidation and the expression of marker genes of “browning” were reduced.

Conclusions. Absence of FGF21 causes minor effects in adipose tissues *in vivo*, except for increased local inflammation status. However, the impaired glucose oxidation found in FGF21-KO adipocytes points to an autocrine role of adipose FGF21 on glucose homeostasis.

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22) PGC-1-dependent mitochondrial biogenesis in adipose tissue is not required for the effects of calorie restriction on glucose homeostasis

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Calorie restriction (CR) exerts multiple effects on health, preventing and ameliorating numerous pathologies, including insulin resistance and type 2 diabetes. Besides the dramatic effects that CR has on adipose mass, little is known about the processes regulated by CR in WAT. Gene expression profiling analysis in WAT from mice subjected to 40% CR revealed mitochondrial biogenesis as the most up-regulated process in WAT in response to CR. CR dramatically increased mitochondrial gene expression concomitantly with a raise in the expression of PGC-1a and PGC-1b co-activators. To determine to which extent CR-induced mitochondrial biogenesis was dependent on PGC-1s, we generated a tissue-specific double knockout mouse model in which the expression of PGC-1a and PGC-1b was simultaneously ablated in adipocytes (PGC1a/b-FAT-DKO mice). WAT of PGC1a/b-FAT-DKO mice exhibited reduced expression of mitochondrial genes, decreased mitochondrial protein levels and impaired mitochondrial respiration. Moreover, mice lacking PGC-1s failed to increase mitochondrial biogenesis in response to CR. However, PGC1a/b-FAT-KO mice normally responded to CR by improving glucose tolerance and insulin sensitivity. Our results demonstrate that PGC-1 co-activators are the principal mediators of CR-induced mitochondrial biogenesis in WAT and that full oxidative function in WAT is not required for the beneficial effects of CR on glucose homeostasis.

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